

Girl, YOU CAN
WIN!

**The 10 Highly Essential
Habits Of A Winning Woman**

TANYA WHITE



AWESOME AUTHORS IN ACTION
DELIVERING STAR QUALITY READING SATISFACTION

TABLE OF CONTENTS

PREFACE

Girl, What's Really Holding You Back?

Tanya's Winning Woman Transformation

INTRODUCTION

Girl, You Were Born To Win!

The Top 10 Reasons Why

Born Winners Live Like Big Losers

SECTION 1

Girl, Believe That You Can Win!

The 10 Highly Essential Habitual

Attitudes of a Winning Woman

SECTION 2

Girl, Bring Out Your Inner Winner!

The 10 Highly Essential Habitual

Actions of a Winning Woman

SECTION 3

Girl, Be Around Other People Who Push You To Win!

The 10 Highly Essential Habitual

Associations of a Winning Woman

TABLE OF CONTENTS

(Continued)

CLOSING

Girl, Now Go Win B.I.G.!

*The Formula For Winning Every
Day and In Every Way*

**20 TERRIFIC WINNING WOMAN
TIPS TO REMEMBER**

NOTES

10. Girl, Be Determined By Your Doubters!

As a winning woman, your biggest struggle will involve your ability to cope with the process of transforming your previous losing outlook into a new winning belief system. But unfortunately a few of your family, close friends and foes may find it difficult to adjust to your new attitude as a winning woman. Much of the excitement, encouragement and support you previously received may suddenly cease when major results are produced. Sadly, the dynamics of every close relationship is sure to be negatively tested through skepticism.

Combating your positive progress against pessimistic propaganda is almost an unpleasant guarantee. Sarcasm and snide remarks will consistently smack you in the face. And even if no words are spoken, peoples' actions absolutely speak louder than words. Phone calls and support may decrease. Some people may disassociate their dealings with you in public. Or they may erroneously insinuate to others that you have become arrogant and impossible to deal with.

Yet, no matter how hard you try to ignore it, you are likely to experience some emotional wounds. Since you have no room for flirting with doubters when you are transforming into a winning woman, you must shake the dust of negativity out of your mind and emotions. So when you are confronted with crazy inquiries such as—*Why do you think that you are a winning woman?* or *What makes you think that you have what it takes to reach your goals?*—just politely yet confidently answer—*Because I Can!*

Girl, You Can Win!

This simple answer to your doubters—*Because I Can*—is a freeing and magnificent motivator. *Because I Can* reminds you that as you look back over your life, that no amount of trouble can stop you from celebrating your triumph even in the midst of your doubters. As a winning woman, the *Because I Can* phrase reminds you that :

- There is so much opportunity waiting for you to seize!
- You have sacrificed too much for you to suppress your success!
- You have overcome too much tragedy for you to abort your destiny!
- You have worked too hard to cover up the greatness that is germinating on the inside of you!
- Too many people have endured hardship and pain to pave the way for you!
- There are more people than you ever imagined who are greatly benefiting from what you do!
- God made the decision to equip and ordain your destiny so don't waste your time apologizing for it!

Because I Can is yet another affirmation that has helped me to be determined to win. I have made up my mind that I will not sabotage my success so that someone else can feel secure. I continue to dream bigger dreams. I frequently upgrade my

Tanya White

vision. I keep pushing towards higher dimensions to fulfill my destiny. Why? *Because I Can!* And you can too!

Girl, after all of the tears you cried, after all the heartaches that have been healed and after all of the testimonies that came about as a result of your tests and trials, losing is not an option for you anymore. Be intentional about filling your circle of influence with sincere individuals who challenge you to become a winning woman instead of coddling you when you're a whining woman.